

FOR IMMEDIATE RELEASE

Publisher Releases Guide to the Teachings of the Buddha

Mapping the Dharma: A Concise Guide to the Middle Way of the Buddha is a lively and invaluable roadmap of key Buddhist concepts.

Vancouver, WA—Parami Press releases *Mapping the Dharma: A Concise Guide to the Middle Way of the Buddha* by Paul Gerhards. “My vision was to bring into the world a book that would offer those interested in Buddhism an introduction and a guide to the many and varied teachings of the Buddha,” says Gerhards.

Mapping the Dharma assists newcomers to Buddhism and seasoned students. Newcomers see at a glance the central teachings, and long-standing practitioners can use it as a quick reference to familiar ideas and concepts.

Clear and legible, *Mapping the Dharma* is a condensation of years of study, meditation, and synthesis. Gerhards consulted often with Ajahn Chandako, abbot of Vimutti Monastery in Bombay, New Zealand, on points of doctrinal accuracy.

In this heartfelt work, Gerhards has taken the many interwoven threads of the Dharma, the Buddhist teachings, and rendered them as graceful and easy to read diagrams, definitions, and lists.

About the Author:

Paul Gerhards has been a Buddhist practitioner since 1996. His writing career started in 1981 and he has written six books for Stackpole Books in Mechanicsburg, PA, including *Birdhouses You Can Make* (1999), *Backyard Play Areas You Can Make* (1995), and *How to Sell What You Make: The Business of Marketing Crafts* (1990). Living abroad has deepened Paul’s compassion for the world. He now resides in Vancouver, Washington and is available for speaking engagements and book signings.

Mapping the Dharma: A Concise Guide to the Middle Way of the Buddha
ISBN: 978-0-9779774-0-6, Price: \$15.95

###

Media contact: Paul Gerhards
Phone: 360-828-5268
paul@paramipress.com
www.paramipress.com

Parami Press
PO Box 65372
Vancouver, WA 98665